



# Goal Setting: Slaying Your Goals

A goal is just a dream with a deadline— Napoleon Hill

## 1. Think Big:

**What's your dream?** "I want to graduate from college."

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## 2. Think Smaller:

**Break it down.** List a few steps to reach your goal:

- Attend every class
- Attend SI and tutoring
- Take 15 credits

## 3. Think Small:

**Describe what you have to do to reach your goal in one sentence.** This will become your goal:

"In order to graduate college in four years I will attend class, take 15 credits and stick to my study plans."

## 4. Think SMART!

Is your goal...

**S**pecific

**M**easurable

**A**ttainable

**R**elevant

**T**ime-bound